

2018 Akela's World Cycle 2 Menu
Sessions 1, 3, 5, 7

	Friday	Saturday	Sunday
BREAKFAST			
Main	Staff Breakfast	Baked Bacon and cheddar omlets, Hash browns, warm biscuits, Peaches	Deep Dish Pancakes, Hormel sausage links, syrup, Apple Sauce
Standard	Cereal and Oatmeal		
Beverage	Milk, Juice, Water, Coffee		
Gluten Free			GF Cinnamon Pancakes
Vegetarian		No meat omelet	veg sausage
LUNCH			
Main	Sloppy Joe, bun, Corn Chips, Macaroni and Cheese	Hamburgers, Shredded lettuce, Sliced cheese, fries	Chicken Tacos, Spanish rice, Shredded Lettuce, Cheese, Salsa, Flour Tortillas, frijoles, churros
Standard	Salad Bar and Fruit		
Beverage	Water, Juice		
Gluten Free	GF Bun	GF Bun	Corn Tortilla/ GF cookie
Vegetarian	Veg patty	Faux meat patty	Faux chicken tacos
DINNER			
Main	Baked Chicken Tenders (3), Mashed Potatoes (4oz), Corn	Penne with meat sauce, green beans, bread stick	
Standard	Salad Bar and Fruit		
Dessert	Blondie Brownie	Pudding	
Beverage	Water, Juice, & Milk		
Gluten Free	Grilled chicken	GF Pasta	
Vegetarian	Faux chicken nuggets	Marinara Sauce	
GF Dessert			

2018 Akela's World Cycle 1 Menu
Sessions 2, 4, 6, 8

	Friday	Saturday	Sunday
BREAKFAST			
Main	Staff Breakfast	Scrambled eggs, Bacon, roasted potatoes, Peaches	Fench toast sticks, Sausage Patty, Apple sauce, pancake syrup, Apple Sauce
Standard	Cereal and Oatmeal		
Beverage	Milk, Juice, Water, Coffee		
Gluten Free		GF Muffin	GF Cinnamon Pancakes
Vegetarian			veg sausage
LUNCH			
Main	Meatball Subs, marinara sauce, cheese, hoagie, fries	chicken breast sandwich, shredded lettuce, tomato, macaroni salad, Tater Tots	Beef Tacos, Spanish rice, Shredded Lettuce, Cheese, Salsa, Flour Tortillas, frijoles, churros
Standard	Salad Bar and Fruit		
Beverage	Water, Juice		
Gluten Free	GF Bun	GF Bun	corn tort/ GF cookie
Vegetarian	Veg Sloppy Joe	Faux meat patty	Grilled Pepper and Onions
DINNER			
Main	Roast Turkey breast, grilled corn, mashed red potatoes, turkey gravy, dinner roll	Chicken Penne Alfredo, garlic green beans, Bread stick	
Standard	Salad Bar and Fruit		
Dessert	Blondie Brownie	Pudding	
Beverage	Water, Juice, & Milk		
Gluten Free	GF Bread	GF Pasta	
Vegetarian	Faux chicken nug	Penne Alfredo	
GF Dessert			